

**Tips for cleaning and maintaining hearing aids:**

- Remove hearing aids and gently wipe with a soft cloth.
  - Use can use Audio Wipes, which will also disinfect your aids, but any soft cloth will do.
  - Consider placing hearing aids on a folded towel or pad on the table where you are working to prevent damage from accidental drops.
- Inspect the part of the tubing that goes in your ear.
- Use the brush or wire pick to clear any visible wax from the tubing.
- Open the battery door and put your aids in the case, leaving the battery door open.
- This will dry out any residual moisture and help to prolong the life of your battery (even if your aids have an on/off switch).
- Remember to close the battery door when you take your aids out of their case to use them.

**Important things NOT TO DO with Hearing Aids:**

- Do not use solvents or alcohol on the hearing aids, as there is a possibility that they can breakdown the hearing aid material or damage the circuitry.
- Do not place the hearing aids in direct heat; this includes leaving them in the sun or in the car, and using a hair dryer while wearing them.
- Do not allow your hearing aids to get wet. This includes showering or bathing and going to the swimming pool or sauna.
- Do not drop your hearing aids. Your hearing aids may survive a fall on a carpet or other soft place, but hard surfaces can damage your hearing aids.
- Do not leave your hearing aids, hearing aid batteries or hearing aid care products within the reach of children or pets.

You can find additional tips and resources on care and maintenance of hearing aids from the American-Speech-Language-Hearing Association at [asha.org](http://asha.org).

**Additional Comments:**